



Hello!

Three Cs has been commissioned to run a Transforming Care Forum in South East London. We are recruiting people with lived experience to join the forum and champion real change and improvement in local services. If you have experience of services, or are a family member with experience of services, provided by the NHS or Social Care for children, young people and adults with learning disabilities or autism who have mental health conditions or behaviour that challenges then you may be eligible to become a paid member of the forum. Please read on to find out more about this opportunity and how to express interest in joining.

About Three Cs

Three Cs stands for "Control and Choice in The Community." We support adults with learning disabilities or autism who have mental health conditions or behaviour that challenges to have control over and choice about their lives and to contribute to the community as equal citizens.

What is the Transforming Care Agenda?

The National Transforming Care programme came about following the scandal at Winterbourne View in 2011. The government and the NHS made a pledge to commit to a programme for change to "transform health and care services and improve the quality of the care offered to children, young people and adults with learning disabilities or autism who have mental health conditions or behaviour that challenges." The aim of the programme is to ensure better care outcomes for these people.

At a local level the Transforming Care Programme is looking to deliver three programme outcomes:

1. Reduce reliance on inpatient services (closing hospital services and strengthening support in the community).
2. Improve quality of life for people in inpatient and community settings.
3. Improve quality of care people in inpatient and community settings.

Three Cs 82-84 Childers Street, Deptford, London SE8 5FS **Tel:** 020 8269 4340 **Email:** info@threecs.co.uk **Website:** threecs.co.uk

Control and Choice in the Community for People with Learning Disabilities, Autism and/or Mental Health Challenges



The South East London Transforming Care Partnership consists of the Care Commissioning Groups (CCGs) and councils of Bexley, Bromley, Greenwich, Lambeth, Lewisham and Southwark, together with NHS England (specialised commissioning).

What have Three Cs been asked to do?

Three Cs supports the work of the South East London Transforming Care Partnership (SELTCP) by facilitating a forum of people with lived experience. The forum meets every month to influence and have their say on the Transforming Care Agenda. The forum works closely with the South East London Transforming Care Partnership programme team and has representation on the SELTCP Strategic Board which meets monthly.

We want the forum to include the views of people with lived experience of services for people with learning disabilities and/or autism including specialist learning disability hospitals and assessment and treatment units.

A very active and well-informed group of family carers have been working together very effectively as a Forum for the past two years. It is now time for the forum to grow so that it has a broader and louder voice.

Are you eligible to join?

To be a member of the forum you need to:

- Commit to working with us and attend forum meetings (11 meeting a year).
- Attend a minimum of five forum meetings per year (approximately 2 hours per meeting. All meetings will be held in London Bridge).
- Be registered with a GP in either Bexley, Bromley, Greenwich, Lambeth, Lewisham or Southwark.
- Have experience of services or have a family member with experience of mental health services provided by the NHS or Social Care for people with a learning disability and/or Autism who have mental health conditions or behaviour that challenges. We are especially interested in people with experience of Assessment and Treatment Units and/or Mental Health Hospitals and in-patient services.
- Be able and comfortable to talk about your own experiences or be able and comfortable to talk about your own experiences with the right support.
- Be able to participate constructively in the forum.
- Want to champion change and have a lasting effect on the care and support for people with a learning disability and/or autism.

What are the benefits of being a Forum member?

We will value your time and you will be paid £10.55 (London Living Wage) per hour for attending the meeting plus one hours travel time. There may be other occasions when forum members attend conferences and/or other meetings which you will be reimbursed.

The benefits of being a Forum member are:

- Help to shape and improve services for the future.
- Get involved with work that can influence real change.
- Develop your own personal and professional experience of meetings and committees.
- Meet with other people who use services, and families and carers who may have similar experiences.
- Develop your knowledge of the Transforming Care Agenda.

NB: The Forum will not be able to deal with individual complaints but will be able to put you in touch with the responsible individuals should you wish to make a complaint.

Getting involved

If you are interested in joining or want more information please contact Alison Love, SELTCP lead at Three Cs:

Email: SELTCPforum@ThreeCs.co.uk

Phone: 020 8269 4340

Best Wishes

Alison Love
Head of Social Inclusion
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